



A Rocha Lebanon for the Environment

Friends of A Rocha Lebanon Newsletter number 12, March 07

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Dear

Friends,

With this email we wish you a blessed Easter. May this season of peace be very real to you and to our wonderful country of Lebanon.



Wild Ammiq

benefiting
the local

*Wild
made
in the
plain and
important*

Wild

Wild Ammiq

*run by the
Lebanon.
provide
employment
that help*

important

This is a special letter as we are using it to launch a brand new A Rocha Lebanon initiative; "Wild Ammiq." A whole new way to enjoy the beauties of the season and the country while nature conservation and community; **READ ON!**

Wild Ammiq offers you ...

- *Discover some of Lebanon's most beautiful countryside.*
- *Get close to nature, see birds, butterflies, flowers and much more.*
- *Trek in the mountains towering above the Bekaa plain.*
- *Take an escorted tour through the wetland, Lebanon's richest natural habitat.*
- *Enjoy rural Lebanon at its best.*

Did you know?

Recorded in Ammiq wetland & surroundings:
Over 250 species of bird and 22 species of mammal

*Ammiq offers tailor
hikes and excursions
mountain, Bekaa
in to Lebanon's most
freshwater wetland.*

Ammiq Mission statement

*is a community
conservation initiative
local NGO, A Rocha
The project aims to
much needed local
while generating funds
conserve the
internationally
Ammiq wetland.*



Possible excursions include:

- Half day trekking in the hills above Aammiq wetland
- Full day trek from the Bekaa floor to the Barouk ridge and the Cedars
- Bird and other wildlife watching in the wetland
- Educational visits for schools and colleges
- A combination trek and bird watch

For more information, and bookings:

Phone (Arabic) Faisal Halaby: 08 566578 (Office hours) Or 03 330413

Phone (English) 01 364786 (office hours)

Or email arocha@cyberia.net.lb

See www.arocha.org



Suggested donations:

Activity	Adults	Children
Hiking up to 4 hours	5000	3000
Hiking full day	10000	7000
Entry to the wetland with bird watching	5000	3000
Education and training visits with instruction	6000 (teachers not charged)	4000

The above suggestions are for entry of organized groups with their own guides. For groups using Aammiq guides we would appreciate an extra 25000 per guide per group. Maximum group size for 1 guide is 30.

e.g. a group of 25 adults using an Aammiq guide:
 $25 \times 5000 + 25000 = 150000LL$

Kids Zone... William is going downstairs to play but there are things he has forgotten to do first, can you see he is wasting energy? He has left the window open and let the energy out. How many other wasteful things can you spot?



Our first General Assembly !

Although it was delayed by the war and delegates had to pass razor wire and tanks to get there, we had our first General Assembly in February. 18 of us gathered at the National Evangelical Church, Downtown to hear more about the work of the society, plans for the future and to approve the nominations for the executive committee.



Enjoying refreshments together

Thanks for reading our newsletter to the end. Don't forget our website: www.arochoa.org as we have completely updated our pages, and if you have any questions or need more information please write to us on: foarl.arochoa@cyberia.net.lb

Best wishes, The Al Rocha Lebanon team

Al Rocha Lebanon news is available in 2 languages!!! If you are reading this newsletter in English but would prefer to have it in Arabic email us and we will send you your preferred version.