



LIFESTYLE

Informative blogs



Lifestyle choices

We Are Tearfund: *"Get inspired and equipped."*
<https://weare.tearfund.org/magazine/>

Going Zero Waste blog: *"Here we're focused on mindfulness and living life with intention. Together we will ditch plastic, remove harmful chemicals from our home, and reduce our waste."* <https://www.goingzerowaste.com/>

My plastic free life: *"Do you think it's possible to live life without plastic? Or to at least live with less of it? Check out this list of plastic-free and less plastic alternatives and see for yourself."* <https://myplasticfreelife.com/plasticfreeguide/>

Less Plastic: *"We're passionate about raising awareness of the issues caused by the ocean plastic crisis, and our aim is simple – to provide easy-to-action ocean-friendly alternatives that add up to make a BIG difference."* <https://lessplastic.co.uk/>

Treading my own path: *"If you care about our planet and the consequences your actions have (and I know that you do), and you're looking for a better way of living, then you're in the right place!"* <https://treadingmyownpath.com/>

Microplastics news

Mongabay: *"News and inspiration from nature's frontline"*
<https://news.mongabay.com/list/oceans/>

Plastic Soup News: *"A blog set out to explore, archive & relate plastic pollution happening world-wide, while learning about on-going efforts and solutions to help break free of our addiction to single-use plastics & sharing this awareness with a community of clean water lovers everywhere!"*
<http://plasticsoupnews.blogspot.fr/>

Sky News Ocean Rescue: <https://news.sky.com/ocean-rescue>

Marine Conservation Society: <https://www.mcsuk.org/latest/from/clean-seas>

Follow A ROCHA's blog:
<http://blog.arochoa.org/en/>



THE MICROPLASTICS TOOLBOX
A Rocha International

